VISION
We envision a community where everyone can be free to live an enriched life of health, happiness and overall well-being.

MISSION
Inspiring individuals to reclaim and enrich their lives by utilizing innovative resources and harnessing the strengths within each person.

HOW WE I.N.S.P.I.R.E.
INTTEGRITY
NURTURE
SUCCESS
PERSEVERANCE
INNOVATION
RESPECT
EMPOWERMENT
LOCATIONS

BIG ISLAND SUBSTANCE ABUSE COUNCIL TREATMENT CENTERS

KEA’AU
16-179 MELEKAIWIWA ST.
KEAAU, HI 96749
(808) 969-9994

HILO
297 WAIANUENUE AVE.
HILO, HI 96720
(808) 935-4927

KONA
75-5722 KUAKINI HIGHWAY, SUITE 217
KAILUA-KONA, HI 96740
(808) 322-3100

HAWAII ISLAND HEALTH & WELLNESS CENTER MENTAL HEALTH CENTERS

KEA’AU
16-179 MELEKAIWIWA ST.
KEAAU, HI 96749
(808) 935-0077

HILO
297 WAIANUENUE AVE.
HILO, HI 96720
(808) 854-2837

KONA
75-5722 KUAKINI HIGHWAY, SUITE 217
KAILUA-KONA, HI 96740
(808) 322-3100

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#teaminspire #kohopono #bifUSION
I am deeply honored to present the Fiscal Year 2019 Annual Management Report to the Big Island Substance Abuse Council Board of Directors, funding agencies, and community stakeholders as this past year was momentous for us! BISAC was recognized as the Outstanding Community Health Leader by the Mental Health of America at their 14th Annual Mahalo luncheon. This statewide recognition elevates BISAC’s services and highlights the great work we do in our community. BISAC also launched a new program, Ola Kino, which promotes health and wellness among individuals recovering from substance use and mental health issues. The overall goal of the program is to provide education, guidance, and tools that promote positive effects on the client’s lives during recovery. We are excited to see the positive outcomes of this program. Lastly, BISAC has been designated a student loan repayment site by the Health Resources and Services Administration’s National Health Service Corp. This site designation will help BISAC recruit and retain highly qualified providers.

This year our 7th Annual Summer Jam event took place at the Afook-Chinen Civic Auditorium Center, where the community enjoyed a health fair, family games & activities, a bus pull, food from local lunch wagons, and the Strong Man and Strong Woman competitions. We also commemorated our 55th Birthday and honored Edmund Olsen and Barry Taniguchi for their continued support of our vision and mission. BISAC also participated in numerous community events that provided support, increased awareness, and celebrated our island community.

At BISAC, we continue to provide innovative care to our clients. Although the health care field is in constant change, BISAC continues to forge ahead and provide innovative client-centered care for the individuals we serve. I continue to be a proud member of a passionate team and believe that I cannot do this without the hard work and dedication of my team. I want to recognize them for all that they do, and I look forward to another successful year.

DR. HANNAH PRESTON-PITA
CHIEF EXECUTIVE OFFICER
BOARD OF DIRECTORS

EXECUTIVE COMMITTEE

Patricia Englehard
PRESIDENT

Catherine Kamau
VICE PRESIDENT

Richard Henderson
TREASURER

Richard G. Ryken
SECRETARY

MEMBERS

David Bishaw
David DeLuz
Daniel Paleka
Kim Sasaki
Judith Steinman
TREATMENT SERVICES

Each of BISAC’s substance abuse treatment programs are structured for intensive specialized services and must provide a specific amount of treatment hours per week, per client. Prior to receiving services, each client goes through a rigorous assessment to determine their level of care:
- Day Treatment
- Intensive Outpatient Treatment
- Outpatient Treatment.

COMMUNITY HOUSING

The Therapeutic Living Program consists of a planned structure within a 24-hour staffed facility that provides ongoing evaluation and case management through a recovery plan in an environment conducive to therapeutic progress. BISAC’s multi-disciplinary staff provides a minimum of 15 hours of therapeutic services per week in addition to cultural activities which occur on average monthly for the community housing programs. BISAC has the capability of referring clients needing transition from more to fewer intensive levels of care through placement arrangements into our PPWC Clean and Sober House:
- Therapeutic Living Program
- Clean & Sober Housing
Adults

323
Males

112
Females

Total Adults: 435

Youth

204
Males

175
Females

Total Youth: 379
TREATMENT PROGRAMS: ADULTS

PO’OKELA VOCATIONAL TRAINING (*)

The Po’okela Vocational training program was developed to provide clients with job readiness and vocational training. The purpose of the program is to provide vocational training opportunities in the form of job seeking skills, training and development, career-planning, and on-the-job training. The program provides support services to existing adult Therapeutic Living Program clients to empower individuals and expose them to more opportunities that support economic self-sufficiency and their recovery. BISAC’s definition of services provided – services provided help empower and build upon the strengths of the individual, and move them towards independence. This supportive services includes vocational training and cultural supportive interventions.
ADULT TREATMENT PROGRAMS CONT.

SMOKING CESSATION

Smoking cessation groups are conducted by smoking cessation specialist. The focus of smoking cessation groups is to provide specifically tailored drug (nicotine) education to clients on the harmful effects of tobacco. The group provides clients with appropriate coping skills to address nicotine cravings and withdrawal effects.

FAMILY GROUPS

Family counseling is conducted by staff familiar with theoretical approaches of family counseling. Advanced degree personnel provide family, individual, or couples counseling. Family counseling includes didactic and experiential sessions to engage family in treatment and enhance family’s understanding of chemical dependency, treatment and the recovery process. Family Education is offered twice a month to all clients’ family members and significant others of clients who are enrolled in the Therapeutic Living Program.

CULTURAL ACTIVITIES: MAHI’AI OLA (*)

Many individuals, as a result of alcohol and/or drug addiction, report losing a sense of self, place, and purpose. This program was established to help individuals identify responsibility, realize place, and find purpose within their environment. BISAC’s Kea’au cultural garden is the site for a specialized program that provides land-based education within the framework of therapeutic horticulture that promotes the cultivation of plants and the action of caring for the natural ecosystem.
ADULT TREATMENT PROGRAMS CONT.

CASE MANAGEMENT AND COORDINATION

Care Coordination has been an inclusive service that BISAC has provided to ensure that every client receives integrative care. This service engages individuals in clinical and wrap around services that will help them through treatment and transition them back into society. Care Coordination is a comprehensive approach to treatment that is collaborative, client-centered, navigates clients to care and provides a linkage to community resources. Services are focused on overall rehabilitation for the individual. BISAC’s approach addresses the following but not limited to: screening, assessment, health and wellness planning, treatment management, care transition, crisis management, and care coordination, continuing care management, and discharge or transition planning. Addiction Care Coordinator works closely with the multi-disciplinary BISAC and HIHWC team on the substance abuse and health and wellness plan.

COURT TREATMENT

Collaborative service based on a multi-disciplinary approach to integrate treatment services with the judicial system. The purpose of the program is to promote, achieve and maintain recovery, build healthy lives, provide systems of support that allow for individual to be the best that they can be, and remove barriers.

*Provided to adolescents receiving Intensive Outpatient Treatment services
HAWAII ISLAND HEALTH & WELLNESS CENTER

Hawaii Island Health and Wellness Center (HIHWC) is a subsidiary of the Big Island Substance Abuse Council that provides mental health services for current BISAC clients and is open to community referrals. The program is structured to provide auxiliary services to existing BISAC clients to address underlying issues to their addiction and provides support for individuals following the completion of treatment. Services are provided by Licensed Providers Psy, D.; PH.D., LCSW, LMFT) and a training program for pre and post-doctoral students. The goal of the department is to enhance well-being and create meaningful changes in the community.

Treatment services include:

- The treatment of Adults
- Adolescents and Children
- Individual Therapy
- Group, Couple's and Family Therapy
- Management of anxiety, depression, stress, weight, grief & loss, chronic pain, etc.
- Assistance with life changes, interpersonal relationships, parenting, substance abuse, domestic violence, anger management, smoking cessation, trauma, coping with disasters, etc.
BISAC believes the most efficacious treatment location for adolescents is in the school setting, where the adolescent spends much of his/her time. The implementation of treatment in this setting allows the major treatment issue of peer pressure to be addressed in the setting where it is most powerful. Treatment services include: assessment and OP services.

The Big Island Substance Abuse Council Outpatient Program provides comprehensive specialized services on a scheduled basis for individuals with substance disorders. BISAC’s Community-based services provides one to eight hours per client per week of face-to-face treatment with a minimum of one-hour individual counseling per client per month. Treatment modalities include: assessment, intensive outpatient, and outpatient services.
SCHOOL BASE: ISLAND VIEW

North Hawaii Schools
1. Kohala High School
2. Honokaa High School
3. Honokaa Intermediate School

East Hawaii Schools
1. Kalanianaole Intermediate School
2. Hilo High School
3. Hilo Intermediate School
4. Waiakea High School
5. Waiakea Intermediate School

West Hawaii Schools
1. Kealakehe High School
2. Konawaena High School

Puna/Kau Schools
1. Kau High School
2. Keaau High School
3. Keaau Middle School
4. Pahoa High School
5. Pahoa Intermediate School
6. Kua O Ka La Charter School
7. Hawaii Academy of Arts and Sciences
Big Island Substance Abuse Council is continuing its effort to expand services, where appropriate, throughout the Island of Hawaii. Each program’s revenue contribution to the total budget is listed below:

### Program Use of Revenues

<table>
<thead>
<tr>
<th>Program</th>
<th>Program Use of Revenues %</th>
<th>Program Use of Revenues $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administration</td>
<td>35%</td>
<td>1,444,565</td>
</tr>
<tr>
<td>Day Treatment / TLP</td>
<td>23%</td>
<td>936,727</td>
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<td>School Based</td>
<td>14%</td>
<td>570,967</td>
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<tr>
<td>Substance Abuse Adult</td>
<td>8%</td>
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<tr>
<td>Mental Health EH KE</td>
<td>5%</td>
<td>213,343</td>
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<tr>
<td>Po’Okela</td>
<td>6%</td>
<td>254,197</td>
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<tr>
<td>Dual Diagnosis WH</td>
<td>3%</td>
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<tr>
<td>Substance Abuse Adolescent</td>
<td>3%</td>
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<tr>
<td>Tobacco Cessation</td>
<td>2%</td>
<td>61,723</td>
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<td>Summer Jam</td>
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<td>23,251</td>
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<td>L.E.A.D. Program</td>
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<td>160</td>
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<td>Other Special Events</td>
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<td>5,370</td>
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<tr>
<td>HPI</td>
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<td>559</td>
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<td>Grand Total</td>
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<td>$ 4,080,414</td>
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Big Island Substance Abuse Council receives funding from various government agencies, as well as through fundraising, donations, grants, insurance and service fees.

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<th>Revenue Funding Category</th>
<th>Total Revenue %</th>
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<td>Government</td>
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<td>Insurance</td>
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<tr>
<td>General &amp; Administrative, Other</td>
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<tr>
<td>Grand Total</td>
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