
ANNUAL MANAGEMENT REPORT

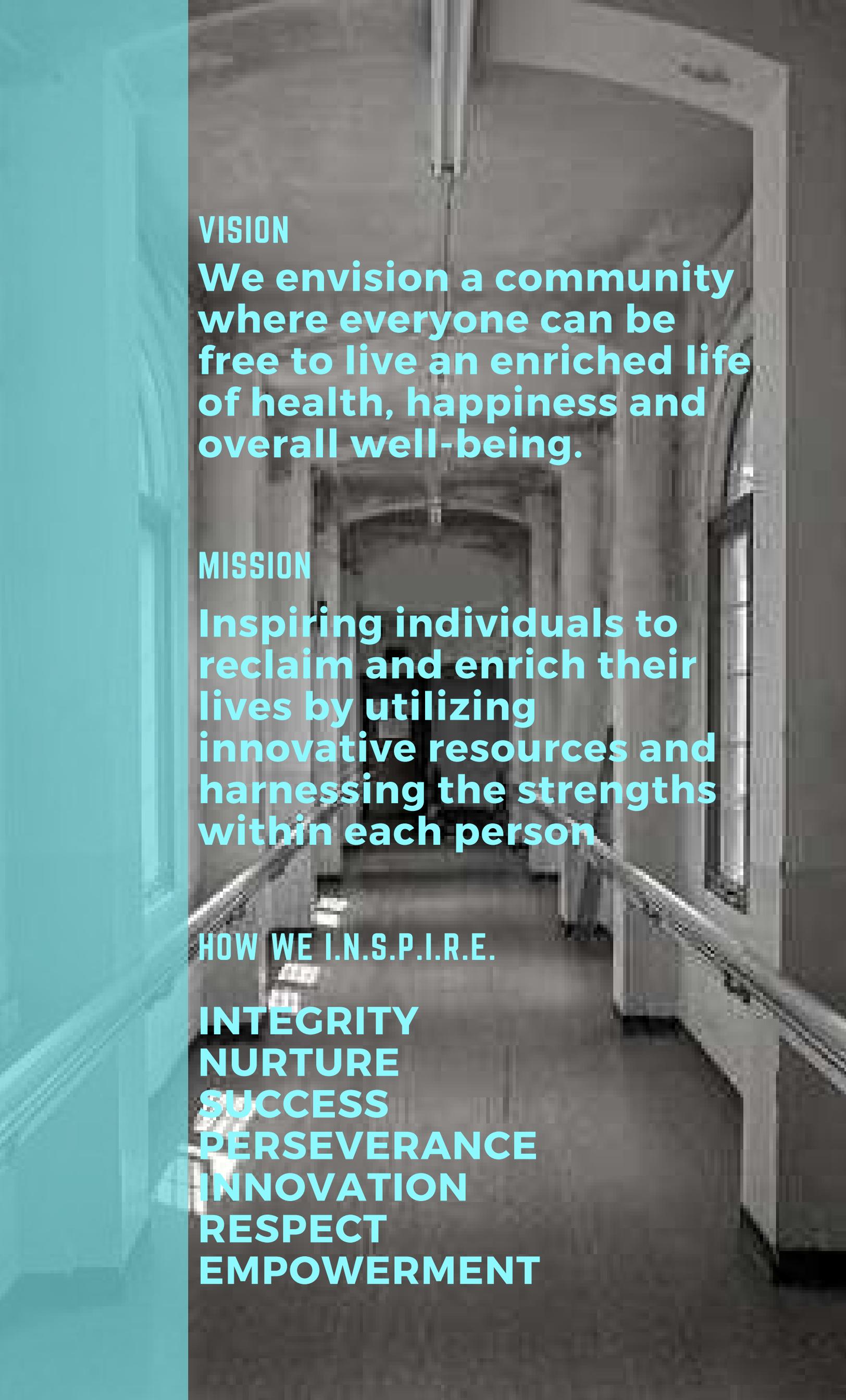
BIG ISLAND SUBSTANCE ABUSE COUNCIL

FISCAL YEAR 2019



BIG
ISLAND
SUBSTANCE
ABUSE
COUNCIL

Inspiring Change, Reclaiming Lives



VISION

We envision a community where everyone can be free to live an enriched life of health, happiness and overall well-being.

MISSION

Inspiring individuals to reclaim and enrich their lives by utilizing innovative resources and harnessing the strengths within each person

HOW WE I.N.S.P.I.R.E.

INTEGRITY

NURTURE

SUCCESS

PERSEVERANCE

INNOVATION

RESPECT

EMPOWERMENT

LOCATIONS

BIG ISLAND SUBSTANCE ABUSE COUNCIL TREATMENT CENTERS

KEA'AU

16-179 MELEKAHIWA ST.
KEAAU, HI 96749
(808) 969-9994

HILO

297 WAIANUENUE AVE.
HILO, HI 96720
(808) 935-4927

KONA

75-5722 KUAKINI HIGHWAY, SUITE 217
KAILUA-KONA, HI 96740
(808) 322-3100

HAWAII ISLAND HEALTH & WELLNESS CENTER MENTAL HEALTH CENTERS

KEA'AU

16-179 MELEKAHIWA ST.
KEAAU, HI 96749
(808) 935-0077

HILO

297 WAIANUENUE AVE.
HILO, HI 96720
(808) 854-2837

KONA

75-5722 KUAKINI HIGHWAY, SUITE 217
KAILUA-KONA, HI 96740
(808) 322-3100

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#teaminspire #kohopono #bifUSION



A WORD FROM THE CHIEF EXECUTIVE OFFICER

I am deeply honored to present the Fiscal Year 2019 Annual Management Report to the Big Island Substance Abuse Council Board of Directors, funding agencies, and community stakeholders as this past year was momentous for us! BISAC was recognized as the Outstanding Community Health Leader by the Mental Health of America at their 14th Annual Mahalo luncheon. This statewide recognition elevates BISAC's services and highlights the great work we do in our community. BISAC also launched a new program, Ola Kino, which promotes health and wellness among individuals recovering from substance use and mental health issues. The overall goal of the program is to provide education, guidance, and tools that promote positive effects on the client's lives during recovery. We are excited to see the positive outcomes of this program. Lastly, BISAC has been designated a student loan repayment site by the Health Resources and Services Administration's National Health Service Corp. This site designation will help BISAC recruit and retain highly qualified providers.

This year our 7th Annual Summer Jam event took place at the Afook-Chinen Civic Auditorium Center, where the community enjoyed a health fair, family games & activities, a bus pull, food from local lunch wagons, and the Strong Man and Strong Woman competitions. We also commemorated our 55th Birthday and honored Edmund Olsen and Barry Taniguchi for their continued support of our vision and mission. BISAC also participated in numerous community events that provided support, increased awareness, and celebrated our island community.

At BISAC, we continue to provide innovative care to our clients. Although the health care field is in constant change, BISAC continues to forge ahead and provide innovative client-centered care for the individuals we serve. I continue to be a proud member of a passionate team and believe that I cannot do this without the hard work and dedication of my team. I want to recognize them for all that they do, and I look forward to another successful year.

DR. HANNAH PRESTON-PITA
CHIEF EXECUTIVE OFFICER

BOARD OF DIRECTORS

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David DeLuz

Daniel Paleka

Kim Sasaki

Judith Steinman

TREATMENT SERVICES: ADULTS

TREATMENT SERVICES

Each of BISAC's substance abuse treatment programs are structured for intensive specialized services and must provide a specific amount of treatment hours per week, per client. Prior to receiving services, each client goes through a rigorous assessment to determine their level of care

- Day Treatment
- Intensive Outpatient Treatment
- Outpatient Treatment.



COMMUNITY HOUSING

The Therapeutic Living Program consists of a planned structure within a 24-hour staffed facility that provides ongoing evaluation and case management through a recovery plan in an environment conducive to therapeutic progress. BISAC's multi-disciplinary staff provides a minimum of 15 hours of therapeutic services per week in addition to cultural activities which occur on average monthly for the community housing programs. BISAC has the capability of referring clients needing transition from more to fewer intensive levels of care through placement arrangements into our PPWC Clean and Sober House.

- Therapeutic Living Program
- Clean & Sober Housing



ADULTS

YOUTH

323

Males

204

Males

112

Females

175

Females

435

*Total
Adults*

379

*Total
Youth*

TREATMENT PROGRAMS: ADULTS

PO'OKELA VOCATIONAL TRAINING (*)

The Po'okela Vocational training program was developed to provide clients with job readiness and vocational training. The purpose of the program is to provide vocational training opportunities in the form of job seeking skills, training and development, career-planning, and on the job training. The program provides support services to existing adult Therapeutic Living Program clients to empower individuals and expose them to more opportunities that support economic self-sufficiency and their recovery. BISAC's definition of services provided - services provided help empower and build upon the strengths of the individual, and move them towards independence. This supportive services includes vocational training and cultural supportive interventions.



ADULT TREATMENT PROGRAMS CONT.

SMOKING CESSATION

Smoking cessation groups are conducted by smoking cessation specialist. The focus of smoking cessation groups is to provide specifically tailored drug (nicotine) education to clients on the harmful effects of tobacco. The group provides clients with appropriate coping skills to address nicotine cravings and withdrawal effects.



CULTURAL ACTIVITIES: MAHI'AI OLA (*)

Many individuals, as a result of alcohol and/or drug addiction, report losing a sense of self, place, and purpose. This program was established to help individuals identify responsibility, realize place, and find purpose within their environment. BISAC's Kea'au cultural garden is the site for a specialized program that provides land-based education within the framework of therapeutic horticulture that promotes the cultivation of plants and the action of caring for the natural ecosystem.

FAMILY GROUPS

Family counseling is conducted by staff familiar with theoretical approaches of family counseling. Advanced degree personnel provide family, individual, or couples counseling. Family counseling includes didactic and experiential sessions to engage family in treatment and enhance family's understanding of chemical dependency, treatment and the recovery process. Family Education is offered twice a month to all clients' family members and significant others of clients who are enrolled in the Therapeutic Living Program.



ADULT TREATMENT PROGRAMS CONT.

CASE MANAGEMENT AND COORDINATION

Care Coordination has been an inclusive service that BISAC has provided to ensure that every client receives integrative care. This service engages individuals in clinical and wrap around services that will help them through treatment and transition them back into society. Care Coordination is a comprehensive approach to treatment that is collaborative, client-centered, navigates clients to care and provides a linkage to community resources. Services are focused on overall rehabilitation for the individual. BISAC's approach addresses the following but not limited to: screening, assessment, health and wellness planning, treatment management, care transition, crisis management, and care coordination, continuing care management, and discharge or transition planning. Addiction Care Coordinator works closely with the multi-disciplinary BISAC and HIHCW team on the substance abuse and health and wellness plan.

COURT TREATMENT

Collaborative service based on a multi-disciplinary approach to integrate treatment services with the judicial system. The purpose of the program is to promote, achieve and maintain recovery, build healthy lives, provide systems of support that allow for individual to be the best that they can be, and remove barriers.



HAWAII ISLAND HEALTH & WELLNESS CENTER

Hawaii Island Health and Wellness Center (HIHWC) is a subsidiary of the Big Island Substance Abuse Council that provides mental health services for current BISAC clients and is open to community referrals. The program is structured to provide auxiliary services to existing BISAC clients to address underlying issues to their addiction and provides support for individuals following the completion of treatment. Services are provided by Licensed Providers (Psy, D.; PH.D., LCSW, LMFT) and a training program for pre and post-doctoral students. The goal of the department is to enhance well-being and create meaningful changes in the community.

Treatment services include:

- The treatment of Adults
- Adolescents and Children
- Individual Therapy
- Group, Couple's and Family Therapy
- Management of anxiety, depression, stress, weight, grief & loss, chronic pain, etc.
- Assistance with life changes, interpersonal relationships, parenting, substance abuse, domestic violence, anger management, smoking cessation, trauma, coping with disasters, etc.

**MENTAL
HEALTH**

321

Males

145

Females

472

*Individuals
Served*

TREATMENT SERVICES: CHILDREN, ADOLESCENTS, TEENS

SCHOOL-BASED SERVICES PREVENTION AND OUTPATIENT TREATMENT

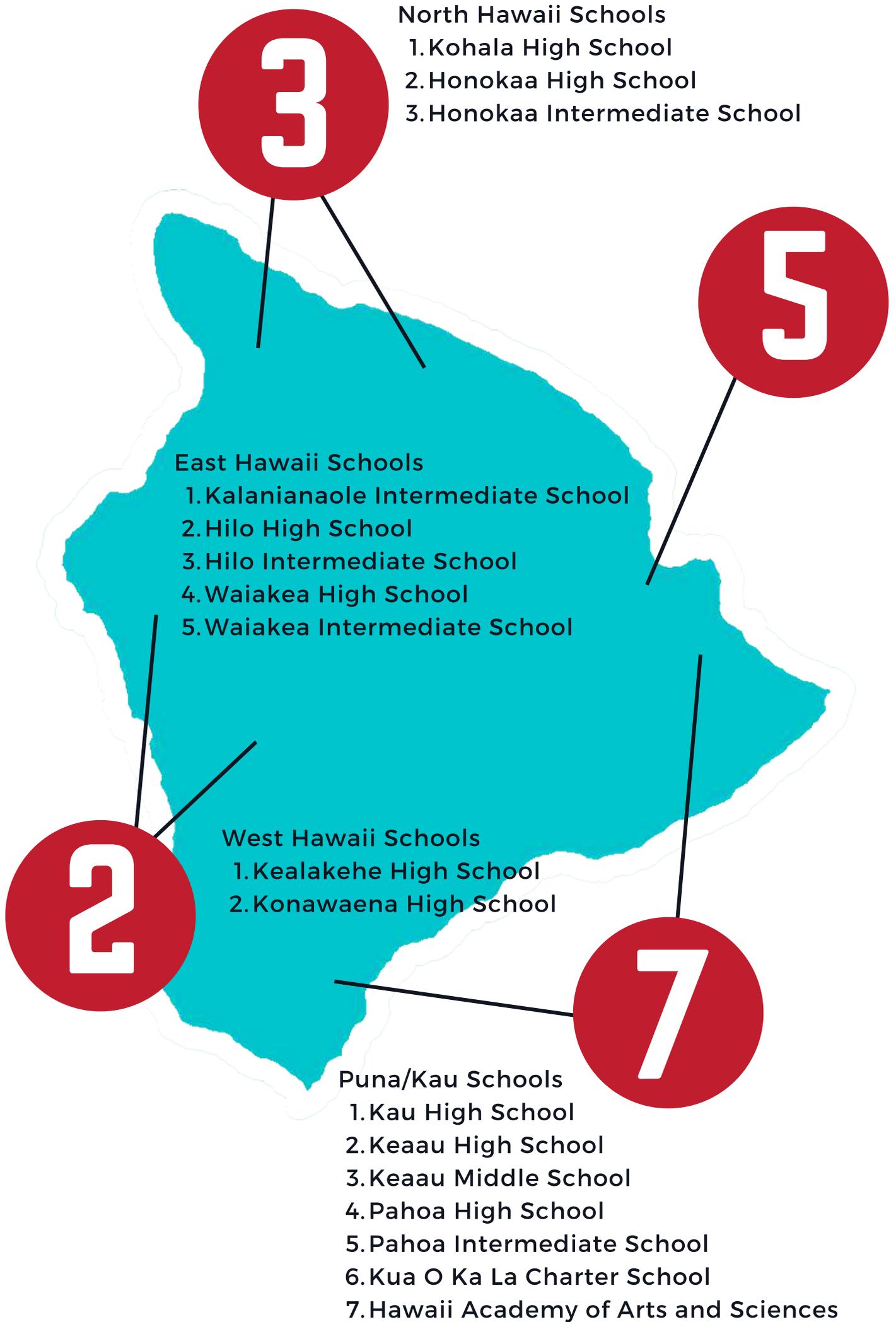
BISAC believes the most efficacious treatment location for adolescents is in the school setting, where the adolescent spends much of his/her time. The implementation of treatment in this setting allows the major treatment issue of peer pressure to be addressed in the setting where it is most powerful. Treatment services include: assessment and OP services.

INTENSIVE OUTPATIENT AND OUTPATIENT TREATMENT

The Big Island Substance Abuse Council Outpatient Program provides comprehensive specialized services on a scheduled basis for individuals with substance disorders. BISAC's Community-based services provides one to eight hours per client per week of face-to-face treatment with a minimum of one-hour individual counseling per client per month. Treatment modalities include: assessment, intensive outpatient, and outpatient services.



SCHOOL BASE: ISLAND VIEW



3

- North Hawaii Schools
- 1. Kohala High School
 - 2. Honokaa High School
 - 3. Honokaa Intermediate School

5

- East Hawaii Schools
- 1. Kalaniana'ole Intermediate School
 - 2. Hilo High School
 - 3. Hilo Intermediate School
 - 4. Waiakea High School
 - 5. Waiakea Intermediate School

2

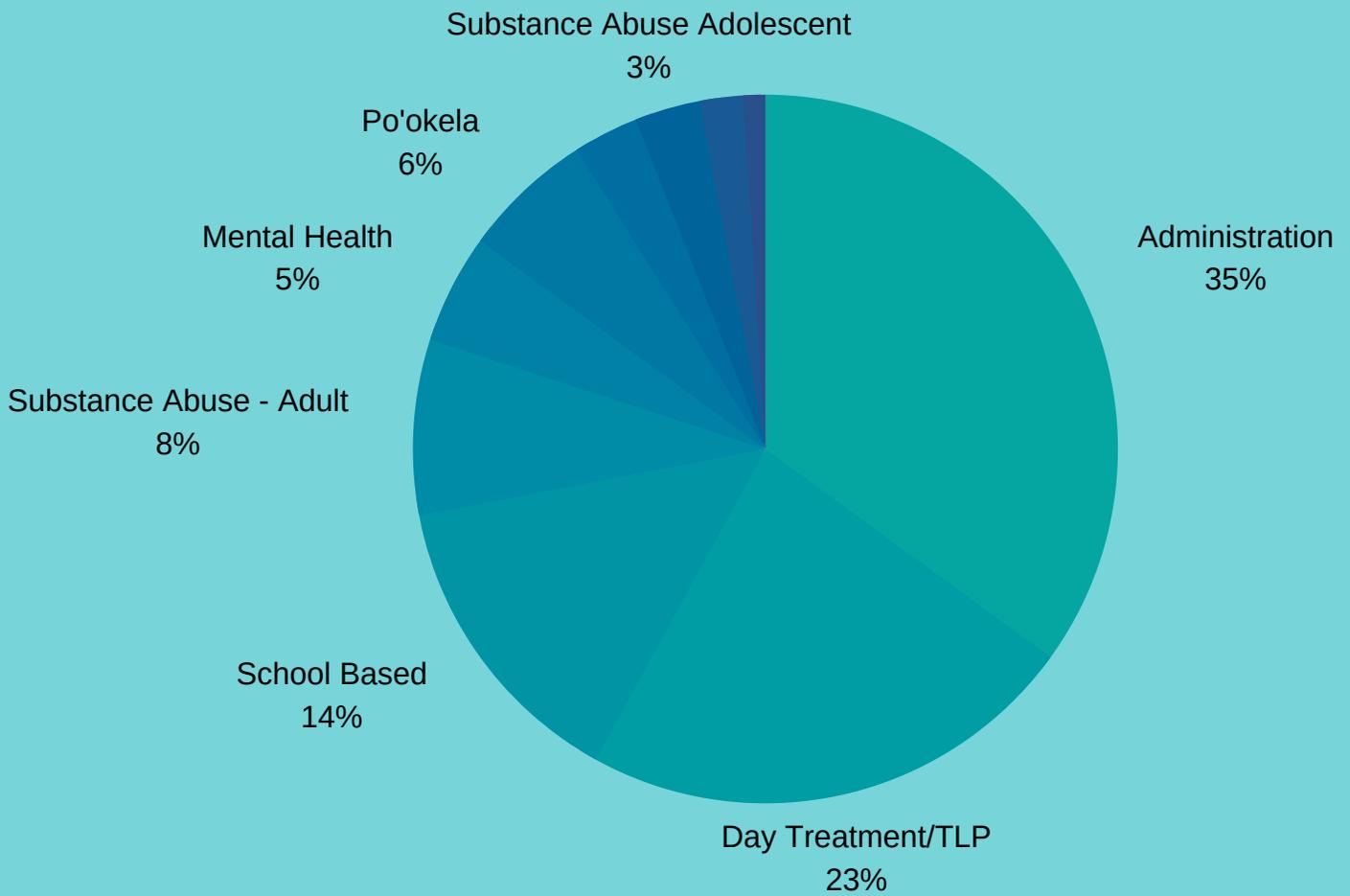
- West Hawaii Schools
- 1. Kealahou High School
 - 2. Konawaena High School

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- Puna/Kau Schools
- 1. Kau High School
 - 2. Keaau High School
 - 3. Keaau Middle School
 - 4. Pahoa High School
 - 5. Pahoa Intermediate School
 - 6. Kua O Ka La Charter School
 - 7. Hawaii Academy of Arts and Sciences

FINANCIAL REPORT: FY 2018-2019

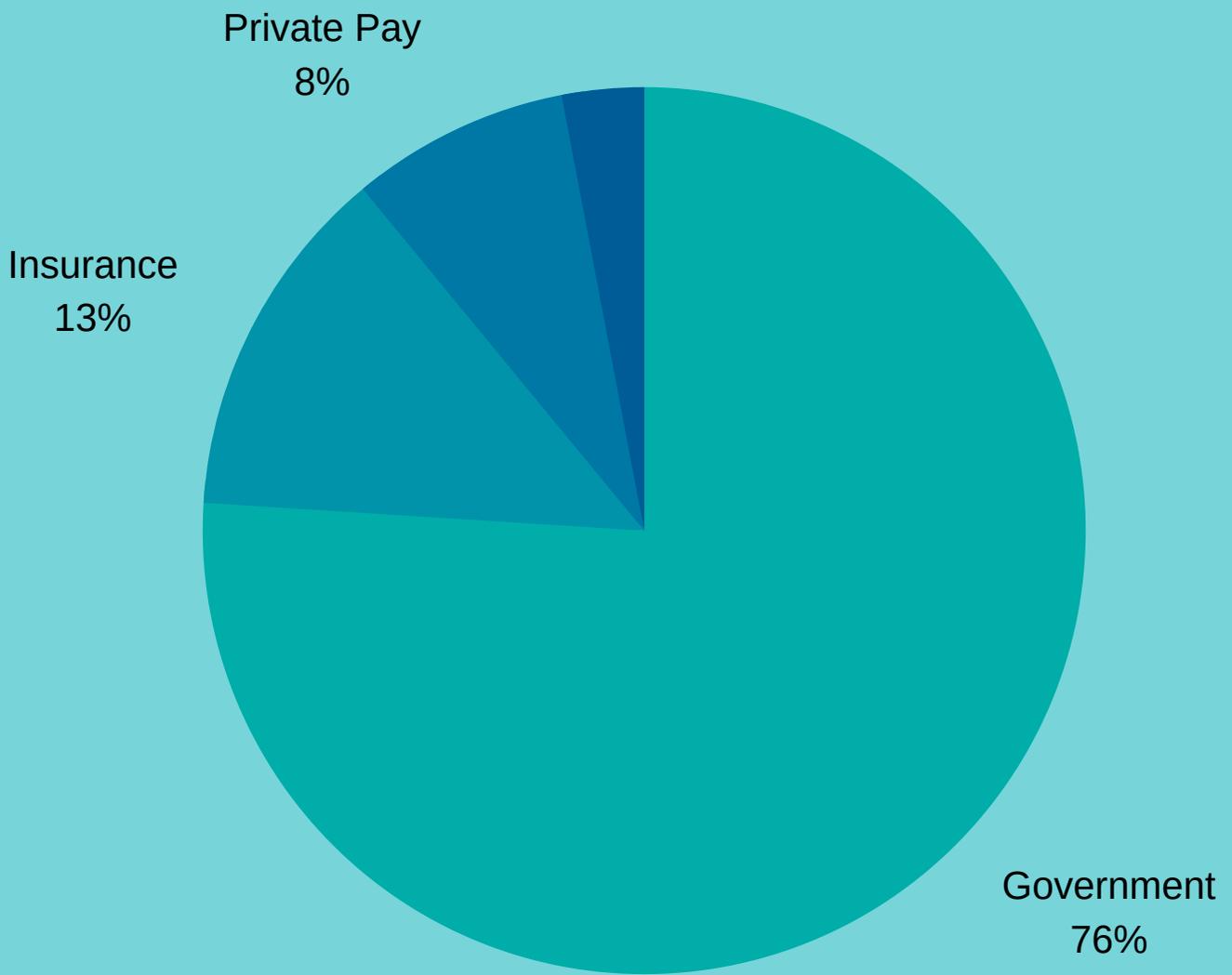
Big Island Substance Abuse Council is continuing its effort to expand services, where appropriate, throughout the Island of Hawaii. Each program's revenue contribution to the total budget is listed below:



Program	Program Use of Revenues %	Program Use of Revenues \$
Administration	35%	1,444,565
Day Treatment / TLP	23%	936,727
School Based	14%	570,967
Substance Abuse Adult	8%	319,119
Mental Health EH KE	5%	213,343
Po'Okela	6%	254,197
Dual Diagnosis WH	3%	127,303
Substance Abuse Adolescent	3%	123,128
Tobacco Cessation	2%	61,723
Summer Jam	1%	23,251
L.E.A.D. Program	0%	160
Other Special Events	0%	5,370
HIPI	0%	559
Grand Total	100%	\$ 4,080,414

FINANCIAL REPORT: FY 2018-2019

Big Island Substance Abuse Council receives funding from various government agencies, as well as through fundraising, donations, grants, insurance and service fees.



Revenue Funding Category	Total Revenue %	Total Revenue \$
Government	76%	\$2,878,004
Insurance	13%	\$491,808
Private Pay	8%	\$295,100
General & Administrative, Other	3%	\$119,543
Grand Total	100%	\$3,784,455

